



SURF SUN RUN 5K

Final Event Instructions | Please Review Carefully

COVID NOTICE

There is an inherent risk when attending large events where the vaccine status of others in attendance may be unknown to the individuals. Please stay home if you are experiencing any of the following symptoms: cough, shortness of breath or difficulty breathing, fatigue, fever, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. Per the current CDPH guidelines, masks are REQUIRED indoors and recommended outdoors. **We are strongly recommending masks be worn at all times when not racing.**

Visit our [website](#) for more information.

SCHEDULE OF EVENTS

Friday, January 14, 2022

Expo/Package Pickup event 12 to 5 p.m.

Saturday, January 15, 2022

Kids Marathon Mile at LEGOLAND® 6:30 to 10 a.m.

Expo/Package Pickup event 10 a.m. to 4 p.m.

Sunday, January 16, 2022

Marathon Start 6:15 a.m.

Surf Sun Run 5K 6:45 a.m.

Half Marathon Start..... 7:45 a.m.

EXPO/PACKET PICKUP EVENT

NEW LOCATION

[Holiday Inn Carlsbad – San Diego](#)

2725 Palomar Airport Road

Carlsbad, CA 92009

You must attend the Expo/Package Pickup event to get your bib number, shirt, and jacket. Please be prepared to show a photo ID to claim your bib number. If you're unable to pick up your bib number, and someone is picking it up for you, they must present a photocopy or electronic copy of your photo ID.

While there, be sure to shop our line of stylish and affordable souvenirs. There will be other vendors offering products and services you'll appreciate.

COLUMBIA EMPLOYEE STORE ONE-DAY PASS

Your exclusive, one-day pass to the Columbia Employee Store will be provided to you when you pick up your bib number. The pass will allow you access to their Carlsbad company employee store. Enjoy special Employee pricing; up to 50% off retail prices on products from Columbia, SOREL, Mountain Hardwear, and prAna, including the latest outerwear, sportswear, footwear, sleeping bags, and tents for the whole family. See pass for more details.

RACE START, FINISH & FINISH LINE FESTIVAL LOCATION

[The Shoppes at Carlsbad](#)

2525 El Camino Real, Carlsbad, CA 92008

The race starts, finishes and the post-race Finish Line Festival take place in the southwest corner of the parking lot near the corner of Marron and Monroe. Parking is available on site, please follow the direction of parking personnel. Runner drop off is located on Monroe Street north of Carlsbad Village Drive. Access to this area is only available from Carlsbad Village Drive.

RACE DAY PACKET PICKUP

If you're unable to attend the Expo/Package Pickup event, and didn't select the "Race Day Bib Number Pickup Convenience" option during registration, you can pay the \$20 fee and pick up your bib on race day in the festival area starting at 5:15 a.m.

COURSE TIME LIMIT

There is a 1-hour time limit for finishing the 5K and participants must maintain a 19:21-minute-mile pace or faster.

DOUBLE DOWN CHALLENGE

If you are registered for the Double Down Challenge (the Surf Sun Run 5K followed by the Carlsbad Half Marathon), you will receive one bib number which you will wear for both races. After you finish the 5K, do not collect your 5K medal, it along with your Double Down bling, will be presented to you after you finish the half marathon. Just look for the Double Down Medals booth located inside the finish line chute right after water. Please note that you can start the half marathon in any of the eight waves.

TIMING

The back of your bib number will have metallic stickers which are your timing device and should not be removed.

MEDICAL SUPPORT

There will be a medical tent and self-serve ice in the Finish Line Festival area. If you experience a medical problem on the course, go to the water station where a medical representative will be called to assist you.

ASSISTANCE, UNOFFICIAL PACING

Cyclists, skaters, unofficial pacers, and unregistered runners/walkers are not allowed anywhere on the course. **Anyone participating with a jogging stroller must stage in the back of their assigned wave.** These rules are in place for safety and will be enforced by the Carlsbad Police Department and course officials.

GEAR CHECK

Gear Check will be available through Mobile Locker ONLY. Locker rentals give you a secure, convenient storage option for your gear at the event site. You can pre-purchase a locker during registration or on race day.

Mobile Locker will be stationed in the Finish Line Festival where it can be accessed before or after your event. If you didn't purchase a locker during registration and would like to purchase one prior to event day, you can do so [here](#).

FINISH LINE

After you finish, you'll receive your medal, [QURE Alkaline Water](#), finisher food bag, and [Hollandia Dairy](#) Chocolate Milk in that order. Do not stop, keep moving through the finish line until you have completely exited the fenced-in area.

COURSE SUPPORT

Water will be served at approximately Mile 1 and Mile 2.

BEER GARDEN

Registered participants over the age of 21 and displaying their bib number and **proper ID** are invited to visit the [Ballast Point](#) beer garden in the Finish Line Festival to receive a complimentary post-race beer (limited to one per person while supplies last). If you're looking for an alcohol-free craft beer, stop by the Athletic Brewing tent in the Finish Line Festival for a complimentary serving.

DUNKIN'

[Dunkin'](#) will be offering coffee and donuts for sale before and after your race. Just look for them in the Finish Line Festival.

OFFICIAL EVENT PHOTOS

[FinisherPix](#) will have photographers on the course and in the finish line taking official photos. The Carlsbad Marathon does not guarantee that every participant will be photographed.

RACE RESULTS

Results will be available in the results tent in the Finish Line Festival and [online](#) after the race.

AWARDS

There will not be an award ceremony. 5K age group awards will be available for pickup from the Information Booth after 8:30 a.m. Award winners who do not pick up their award on race day will be emailed instructions for picking it up from our office in San Marcos or having it mailed for a fee. Awards not claimed within 30 days will no longer be available.

SOCAL 3x5

The SoCal 3x5 is a trio of 5Ks and starts with Carlsbad. To start your journey just complete the Carlsbad Marathon Surf Sun Run 5K. Next, register and complete both the San Diego 5K on Sunday, March 27 and the America's Finest City 5K on Sunday, August 21. [Click here](#) to learn more.

SOCAL 9x5

Participants will be eligible for a SoCal 9x5 medal by completing the SoCal 3x5 in three consecutive years. [Click here](#) to learn more.

SHOE DRIVE

The South Oceanside Elementary PTO will be collecting your retired running shoes and donating them to [Funds2Orgs](#). Just bring them to the Expo/Package Pickup event, where there will be a collection booth outside the expo entrance. Shoes can be also be donated on race day in the Finish Line Festival.

DISCARDED CLOTHING AND COURSE TRASH

Look for trash and recycling containers at every water station with additional containers located between stations for cups, gel packs, and anything else you need to dispose of. If you must discard any clothing items during your race, do so only in available trash cans or at water stations. All collected items will be donated to local shelters.

2023 RACE DATE

Mark your calendar and save Sunday, January 15, for the 2023 Carlsbad Marathon. Half Marathon, Surf Sun Run 5K and Double Down!



InMotionEvents
EVENT MARKETING & MANAGEMENT