



# HALF MARATHON EVENT INSTRUCTIONS

## RACE DAY | Sunday, August 15, 2021

Pre-race shuttles to start line .....4 to 5:15 a.m.

Half Marathon start .....6:15 a.m.

## RACE DAY BIB NUMBER AND SHIRT PICKUP

If you're unable to pick up your bib from the expo, and didn't select the "Race Day Bib Number Pickup Convenience" option during registration, you can pay the \$20 fee (cash only) and pick up your bib in Balboa Park inside the Finish Line Festival starting at 4 a.m.

## START LINE SHUTTLES | BALBOA PARK

**You must take a race-provided shuttle to the race start line at the Cabrillo National Monument. To board a shuttle you must display your 2021 America's Finest City Half Marathon bib number and be wearing a mask. You can wear your own mask or the event will provide a disposable mask as you are boarding the shuttle.** Plan accordingly and allow at least 30 minutes for parking and shuttle boarding. Shuttles will run from 4 to 5:15 a.m. SHARP from two locations in Balboa Park:

- Park Boulevard at Presidents Way
- Park Boulevard at Zoo Place

**The shuttles are the only way to get to the start line.** There is no participant drop off near the start line nor are vehicles, pedestrians, or bicycles allowed past the military security gate at the entrance to Fort Rosecrans/Cabrillo National Park. The restrooms will not be available for use on the shuttle busses but will be at the bus staging area and also at the start line.

## SHERATON SAN DIEGO HOTEL & MARINA GUESTS

Registered guests staying at the Sheraton San Diego Hotel & Marina are provided shuttle transportation directly from the hotel to the start line at the Cabrillo National Monument and return transportation from the finish line in Balboa Park to the hotel after the race until 11 a.m. Hotel shuttles pick up from Harbor Drive directly in front of the hotel lobby and run from 4:30 to 5:30 a.m. You must show your room key and be wearing a mask to board. You can wear your own mask or the event will provide a disposable mask as you are boarding the shuttle.

## START LINE STAGING AT CABRILLO NATIONAL MONUMENT

You'll remain in the main parking lot until instructed to enter the start line staging area. When staging, look for your appropriate pace sign and line up accordingly.

As guests of the National Park Service, please:

- Only use sidewalks and please stay off all planted areas.
- Only use the race-provided portable restrooms - not the bushes!

Park rangers may issue citations to anyone found not in compliance with these requests. We appreciate your assistance as we're guests of the National Park Service and continued use of the area for the race is dependent upon your cooperation.

## PACE GROUPS

Pace groups will be offered compliments of the Road Runner Sports Pace Team for the following target finish times: 1:30, 1:40, 1:50, 2:00, 2:15, 2:30, 2:45 and 3:00. Look for your pace group leader holding up a sign with your target pace sign in the staging area.

## COVID NOTICE

Per state and county guidelines, we will not be requiring vaccinations or testing to participate in the race. We are asking participants to be responsible for their safety and the safety of others, by not attending the event if they are experiencing any of the following symptoms: cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. Masks will be required on the shuttles and recommended inside the Expo.

## EXPO

**Saturday, August 14, 2021 | 9 a.m. to 5 p.m.**

Sheraton San Diego Hotel & Marina Pavilion, 1380 Harbor Island Drive, San Diego, CA 92101

**You must attend the expo to pick up your bib number, shirt and reusable grocery bag.** Be prepared to show a photo ID to claim your bib number. If you're unable to pick up your bib number, and someone is picking it up for you, they must present a photocopy or electronic copy of your photo ID.

**Per the current CDC and San Diego County guidelines, it is recommended that everyone wear a face-covering in indoor public settings, whether you've been vaccinated or not. This will apply to the AFC Fitness Expo.**

Free expo parking will be located in the dirt lot just before the hotel entrance on the west side of Harbor Drive. Please factor in a 5 minute walk from the parking lot. Paid parking will be available in the hotel's main parking lot.

Once at the expo, pick up your bib number and present it to claim your shirt and grocery bag. Please note that while we will do all we can to ensure you receive the shirt size you requested, we cannot make any guarantees.

At the expo, shop our line of stylish and affordable America's Finest City Half Marathon and Triple Crown souvenirs. There will be other vendors offering great deals on products and services you'll appreciate.

## SWITCHING FROM THE HALF MARATHON TO THE 5K

You may participate in the 5K using your half marathon bib. You don't need to do anything to switch, just be at the 5K start line at 6:10 in Balboa Park in front of the Hall of Champions.

## GEAR CHECK

Gear Check will be available through Mobile Locker ONLY. Locker rentals give you a secure, convenient storage option for your gear. Mobile Locker will be stationed at the start line at Cabrillo National Monument and will move to the Finish Line Festival in Balboa Park for pickup. If you would like to pre-purchase a locker before event day, you can [do so here](#). There will not be gear check for the 5K.

## COURSE TIME LIMIT

There's a strict 3.25-hour time limit (based on chip time) to complete the race (14:53-minute-per-mile pace). Participants who do not reach North Harbor Drive and Harbor Island Drive (6.3 miles) by 90 minutes after the race starts, will not be permitted to do the Harbor Island section of the course (approximately 2 miles) and will instead be directed to continue on the route to the finish line. The time limit is for the safety of participants as public roadways must open to normal traffic at specified times. Participants exceeding the time limit pace may be asked by race staff or SDPD personnel to take a shuttle van to the finish.

## COURSE SUPPORT STATIONS

Support stations providing water and featuring portable toilets will be located along the course starting at mile three. Lemon-Lime Nuun will also be served at the stations located at approximately miles 4, 5.5, 8, 10 and 12.

## TROLLEY CROSSINGS

The course crosses the trolley tracks at Broadway and Kettner (11 miles) and India and 'C' Streets. Later runners may have to wait for 20 to 30 seconds to allow the trolley to pass. **DO NOT CROSS THE TROLLEY TRACKS IF THE GATES ARE DOWN - you'll be disqualified. Times are not adjusted for trolley stops.**

## MEDICAL

There will be a medical tent at the finish line and another one along with self-serve ice in the Finish Line Festival. If you experience a medical problem on the course, call 911 if necessary or go to the nearest course water station where a medical representative will be called to assist you. If you're unable to finish the race, transportation to the finish can be called for you from every on-course support station. Race Guards trained in CPR and first aid will also be out on the course.

## DISCARDED CLOTHING AND COURSE TRASH

Dispose of any trash and recycling in provided containers at the course water stations. If you must discard any clothing items along the route, do so only in available trash cans or at a course water station for collection and donation to a local shelter.

## RESULTS

Results will be posted in the Finish Line Festival near the beer garden and also online after the race at [www.afchalf.com](http://www.afchalf.com).

## TIMING & LIVE TRACKING

The back of your bib number will have a plastic strip which is your timing device and should not be removed. We offer live tracking so friends and family can follow your race. On race day, look for the live tracking link at [www.afchalf.com](http://www.afchalf.com).

## BEER GARDEN

Registered participants age 21 and older and displaying their bib number and **proper ID** receive a complimentary Ballast Point beer (limited to one per person while supplies last) in the beer garden between 7 to 10:30 a.m.

## FINISH LINE

Once you cross the finish line you'll receive water, your finisher's medal. Once you finish you'll receive water, your finisher's medal, your post-event food and beverages in this order. Keep moving through the finish line until you have completely exited the fenced-in area. You may not wait in the finish line for other participants to finish. Once you've exited, walk the short distance to the Finish Line Festival and celebrate!

## TRIPLE CROWN & TRIPLE TRIPLE CROWN CHAMPIONS

2021 Half Marathon Triple Crown champions will receive their Triple Crown medal from the Bling Bestowment booth located in the Finish Line Festival area. TRIPLE Triple Crown medals will also be presented in this same area.

## OFFICIAL EVENT PHOTOS

FinisherPix photographers will be stationed on the course to take your picture. You will be able to view your picture(s) by logging on to the [race website](#) after the race. The race does not guarantee that each and every participant will be photographed.

## AWARDS

There will not be an award ceremony. Half Marathon age group awards will be available for pickup from the Information Booth after 9:00 a.m. Award winners who do not pick up their award on race day will be emailed instructions for picking up from our office in San Marcos or having it mailed for a fee. Awards not claimed within 30 days will no longer be available.

## QUESTIONS?

Call (760) 692-2900, email [info@inmotionevents.com](mailto:info@inmotionevents.com), or visit the information booth at the AFC expo.

## THANK YOU SPONSORS AND PARTNERS

