

AMERICA'S FINEST CITY HALF MARATHON

Final Event Instructions | Please Read Carefully

Friday, August 16, 2019

AFC Expo..... 12 to 6 p.m.

Sheraton San Diego Hotel & Marina Pavilion
1380 Harbor Island Drive, San Diego, CA 92101

Saturday, August 17, 2019

AFC Expo 10 a.m. to 5 p.m.

Sheraton San Diego Hotel & Marina Pavilion
1380 Harbor Island Drive, San Diego, CA 92101

Sunday, August 18, 2019

Pre-race shuttles to start line 4 to 5:15 a.m.

Half Marathon start 6:15 a.m.

AFC EXPO

Sheraton San Diego Hotel & Marina Pavilion
1380 Harbor Island Drive, San Diego, CA 92101
Free expo parking will be located in the dirt lot just before the hotel entrance on the west side of Harbor Drive. Please factor in a 5 minute walk from the parking lot. Paid parking will be available in the hotel's main parking lot.

Friday, August 16 12 to 6 p.m.

Saturday, August 17 10 a.m. to 5 p.m.

You must attend the expo to pick up your bib number, shirt and reusable grocery bag. Please be prepared to show a photo ID to claim your bib number. If you're unable to pick up your bib number, and someone is picking it up for you, they must present a photocopy or electronic copy of your photo ID to do so.

Once at the expo, pick up your bib number and present it to claim your shirt and grocery bag. Please note that while we will do all we can to ensure you receive the shirt size you requested, we cannot make any guarantees.

While at the expo, be sure to shop our line of stylish and affordable America's Finest City Half Marathon and Triple Crown souvenirs. There will be over 40 exciting vendors offering great deals on products and services you'll appreciate.

TIMING & LIVE TRACKING

The back of your bib number will have a plastic strip which is your timing device and should not be removed. We offer live tracking so friends and family can follow your race. On race day, look for the live tracking link at www.afchalf.com.

RACE DAY BIB NUMBER AND SHIRT PICKUP

If you're unable to pick up your bib from the expo, and didn't select the "Race Day Bib Number Pickup Convenience" option during registration, you can pay the \$20 fee (cash or credit card) and pick up your bib in Balboa Park inside the Finish Line Festival starting at 4 a.m.

START LINE SHUTTLES | BALBOA PARK

You must take a race-provided shuttle to the race start line at the Cabrillo National Monument. To board a shuttle you must display your 2019 America's Finest City Half Marathon bib number. Plan accordingly and allow at least 30 minutes for parking and shuttle boarding. Shuttles will run from 4 to 5:15 a.m. SHARP from two locations in Balboa Park*:

- Park Boulevard at Presidents Way
- Park Boulevard at Zoo Place

The shuttles are the only way to get to the start line. There is no participant drop off near the start line nor are vehicles, pedestrians, or bicycles allowed past the military security gate at the entrance to Fort Rosecrans/Cabrillo National Park. The restrooms will not be available for use on the shuttle busses but will be at the bus staging area and also at the start line.

* SHERATON SAN DIEGO HOTEL & MARINA GUESTS

Registered guests staying at the Sheraton San Diego Hotel & Marina are provided shuttle transportation directly from the hotel to the start line at the Cabrillo National Monument and return transportation from the finish line in Balboa Park to the hotel after the race. Hotel shuttles pick up from the south side of the hotel outside the ballroom and run from 4:30 to 5:30 a.m. You must show your room key to board.

DIRECTIONS TO BALBOA PARK

Southbound from I-5: Take the 10th Avenue exit off I-5. Turn left on A Street and left again on Park Boulevard.

Northbound from I-5: Take the Pershing Drive/B Street exit off I-5 to Pershing Drive. Take Pershing and then turn left on Florida Drive. Turn left on Zoo Place and left on Park Boulevard.

Southbound from Highway 163: Take the Park Boulevard exit off Highway 163. Turn left on Park Boulevard.

START LINE STAGING AT CABRILLO NATIONAL MONUMENT

You'll remain in the main parking lot until instructed to enter the start line staging area. When staging, look for your appropriate pace sign and line up accordingly.

As guests of the National Park Service, please:

- Only use sidewalks and please stay off all planted areas.
- Only use the race-provided portable restrooms - do not use the bushes!

Park rangers may issue citations to anyone found not in compliance with these requests. We appreciate your assistance as we're guests of the National Park Service and continued use of the area for the race is dependent upon your cooperation.

PACE GROUPS

Pace groups will be offered compliments of the Road Runner Sports Pace Team for the following target finish times: 1:30, 1:40, 1:50, 2:00, 2:15, 2:30, 2:45 and 3:00. Look for your pace group leader holding up a sign with your target pace sign in the staging area.

SWITCHING FROM THE HALF MARATHON TO THE 5K

You may participate in the 5K using your half marathon bib. You don't need to do anything to switch, just be at the 5K start line at 6:15 in Balboa Park in front of the Hall of Champions.

GEAR CHECK

Check your gear at the start line in the Cabrillo National Monument parking lot. Gear must fit in one event-supplied 15"x 12" plastic bag. Backpacks and duffle bags will not be accepted. Don't check valuables, the event is not responsible for lost or stolen items. Bags must be claimed after the race in the Finish Line Festival.

COURSE TIME LIMIT

There's a strict 3.25-hour time limit (based on chip time) to complete the race (14:53-minute-per-mile pace). Participants who do not reach North Harbor Drive and Harbor Island Drive (6.3 miles) by 90 minutes after the race starts, will not be permitted to do the Harbor Island section of the course (approximately 2 miles) and will instead be directed to continue on the route to the finish line. The time limit is for the safety of participants as public roadways must open to normal traffic at specified times. Participants exceeding the time limit pace may be asked by race staff or SDPD personnel to take a shuttle van to the finish.

COURSE SUPPORT STATIONS

Support stations providing water and featuring portable toilets will be located approximately every mile starting at mile 2. Lemonade Ultima Replenisher will also be served at the stations located at approximately miles 4, 5, 8, 10 and 12.

TROLLEY CROSSINGS

The course crosses the trolley tracks at Broadway and Kettner (11 miles) and India and 'C' Streets. Later runners may have to wait for 20 to 30 seconds to allow the trolley to pass. **DO NOT CROSS THE TROLLEY TRACKS IF THE GATES ARE DOWN - you'll be disqualified. Times are not adjusted for trolley stops.**

MEDICAL

There will be a medical tent at the finish line and another one along with self-serve ice in the Finish Line Festival. If you experience a medical problem on the course, call 911 if necessary or go to the nearest course water station where a medical representative will be called to assist you. If you're unable to finish the race, transportation to the finish can be called for you from every on-course support station. Race Guards trained in CPR and first aid will also be out on the course.

DISCARDED CLOTHING AND COURSE TRASH

Dispose of any trash and recycling in provided containers at the course water stations. If you must discard any clothing items along the route, do so only in available trash cans or at a course water station for collection and donation to a local shelter.

POST-RACE MESSAGES

Rehab United will be offering post-event massages at the Finish Line Festival. [Log on here](#) to prepay for your massage and receive front-of-the-line privileges on race day.

RESULTS

Results will be posted in the Finish Line Festival area near the beer garden and will also be available online after the race at www.afchalf.com.

BEER GARDEN

Registered participants over the age of 21 and displaying their bib number and **proper ID** are invited to visit the beer garden at the finish line to receive a complimentary Ballast Point beer (limited to one per person while supplies last). While in the beer garden, relax and enjoy music from the nearby stage.

FINISH LINE

Once you cross the finish line you'll receive water then your finisher's medal and your post-event food and beverages (in this order). Keep moving through the finish line until you have completely exited the fenced-in area. For everyone's safety, the finish line chute area is completely closed off to family and friends. You may not wait in the finish line chutes for other participants to finish. Once you've exited the finish line chute walk the short distance to the Finish Line Festival and enjoy live entertainment, beer garden, vendor booths and more!

TRIPLE CROWN & TRIPLE TRIPLE CROWN CHAMPIONS

2019 Half Marathon Triple Crown champions will receive their Triple Crown medal from the Bling Bestowment booth located in the Finish Line Festival area. TRIPLE Triple Crown medals will also be presented in this same area.

OFFICIAL EVENT PHOTOS

FinisherPix photographers will be stationed on the course to take your picture. You will be able to view your picture(s) by logging on to the [race website](#) after the race. The race does not guarantee that each and every participant will be photographed.

AWARDS

Awards will be presented from the main stage at 9:30 a.m. to the first three finishers, male and female in the following age groups: 17 & under, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+. Those who do not pick up their award during the ceremony will be emailed instructions for picking up your award from our office in San Marcos or having it mailed to you for a fee. Awards not claimed within 30 days of the event will no longer be available.

Note: Awards will be based on net chip time and prize money (if applicable) will be based on clock time.

QUESTIONS?

Call (760) 692-2900, email info@inmotionevents.com, or visit the information booth at the AFC expo.

THANK YOU SPONSORS AND PARTNERS

