

AMERICA'S FINEST CITY 5K RUN/WALK

Final Event Instructions | Please Read Carefully

Sunday, August 19, 2018

Balboa Park in front of the Hall of Champions

5K Start6:15 a.m.

AFC EXPO

Sheraton San Diego Hotel & Marina Pavilion
1380 Harbor Island Drive, San Diego, CA 92101

Friday, August 17 12 to 6 p.m.

Saturday, August 18..... 10 a.m. to 5 p.m.

Free expo parking will be located in the dirt lot just before the hotel entrance on the west side of Harbor Drive. Please factor in a 5 minute walk from the parking lot. Paid parking will be available in the hotel's main parking lot. **Please note that pets are not allowed at the expo.**

Attend the expo to pick up your bib number, shirt and reusable grocery bag. Please be prepared to show a photo ID to claim your bib number. If you're unable to pick up your bib number, and someone is picking it up for you, they must present a photocopy or electronic copy of your photo ID to do so.

Once at the expo, pick up your bib number and present it to claim your shirt and grocery bag. Please note that while we will do all we can to ensure you receive the shirt size you requested, we cannot make any guarantees.

While at the expo, be sure to shop our line of stylish and affordable America's Finest City Half Marathon and SoCal 3x5 souvenirs. There will be over 50 exciting vendors offering great deals on products and services you'll appreciate.

RACE DAY BIB NUMBER AND SHIRT PICKUP

If you're unable to attend the AFC Fitness Expo you can pick up your 5K bib number in the festival area from 5:30 to 6 a.m. Race shirts will be available for pickup in the festival area at the T-shirt tent.

DIRECTIONS TO 5K START LINE IN BALBOA PARK

Southbound from I-5: Take the 10th Avenue exit off I-5. Turn left on A Street and left again on Park Boulevard.

Northbound from I-5: Take the Pershing Drive/B Street exit off I-5 to Pershing Drive. Take Pershing and then turn left on Florida Drive. Turn left on Zoo Place and left on Park Boulevard.

Southbound from Highway 163: Take the Park Boulevard exit off Highway 163. Turn left on Park Boulevard.

FREE TACO OFFER

The lower back portion of the race bib number is a tear-off coupon good for one free taco at any San Diego County location of Rubio's Coastal Grill. But hurry! This yummy offer is only valid through 8/22/18! Locate your nearest San Diego area Rubio's by visiting their website at <https://www.rubios.com>.

SHERATON SAN DIEGO HOTEL & MARINA GUESTS

Registered guests staying at the Sheraton San Diego Hotel & Marina are provided shuttle transportation directly from the hotel to the start line in Balboa Park and return transportation to the hotel after the race. Pre-race hotel shuttles pick up from the south side of the hotel outside the ballroom at 5:15 a.m. SHARP. You must show your room key to board.

START LINE & COURSE

Slower runners, those with jogging strollers, and ALL WALKERS must line up at the rear of the start line staging area. The race is a fast loop course that starts and finishes in front of the Hall of Champions at Pan American Plaza and Presidents Way. The course winds through beautiful Balboa Park, passing by the Museum of Man, crossing over the Cabrillo Bridge and finishing just past the Spreckels Organ Pavilion. There will be one course water station located on the route and accessible from 3/4-mile and approximately 2.5 miles.

TIME LIMIT

There is a 1-hour time limit for finishing the 5K. Participants must be able to maintain a 19:21-minute-mile pace or faster.

MEDICAL

There will be a medical tent at the finish line and another one along with self-serve ice in the Finish Line Festival.

BEER GARDEN

Registered participants over the age of 21 and displaying their bib number and **proper ID** are invited to visit the beer garden at the finish line to receive a complimentary Ballast Point beer (limited to one per person while supplies last). While in the beer garden, relax and enjoy music from the nearby stage, play a game of cornhole, and enjoy chips, salsa and guacamole from Rubio's Coastal Grill. Beer garden opens at 7 a.m.

OFFICIAL EVENT PHOTOS

FinisherPix photographers will be stationed on the course to take your picture. You will be able to view your picture(s) by logging on to the www.afchalf.com after the race. The race does not guarantee that each and every participant will be photographed.

AWARDS

Awards will be offered to the first three finishers, male and female in the following age groups: 17 & under, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+. The top three overall male and female 5K finishers will also receive a special award, which will be presented on race day on the main stage in the Finish Line Festival at 8 a.m.

New this year! Age group awards will be available for pickup after your race from the Information Booth after 8:00 a.m. If you do not pick up your award on race day, you will receive an email from In Motion within two weeks of the event with instructions for picking up your award from our office in Carlsbad or having it mailed to you for a fee.

GEAR CHECK

Check your gear in the Finish Line Festival in Balboa Park before your race start. Gear must fit in one event-supplied 15" x 12" plastic bag. Backpacks and duffle bags will not be accepted. Don't check valuables, the event is not responsible for lost or stolen items. Bags must be claimed after the race.

DISCARDED CLOTHING AND COURSE TRASH

Dispose of any trash and recycling in provided containers at the course water stations. If you must discard any clothing items along the route, do so only in available trash cans or at the course water station for collection and donation to a local shelter.

POST-RACE MESSAGES

Rehab United will be offering post-event massages at the Finish Line Festival. [Log on here](#) to prepay for your massage and receive front-of-the-line privileges on race day.

RESULTS

Results will be posted in the Finish Line Festival area near the beer garden and will also be available online after the race at www.afchalf.com.

FINISH LINE

Once you cross the finish line you'll receive your finisher's medal then water and your post-event food and beverages (in this order). Keep moving through the finish line until you have completely exited the fenced-in area. For everyone's safety, the finish line chute area is completely closed off to family and friends. You may not wait in the finish line chutes for other participants to finish. Once you've exited the finish line chute walk the short distance to the Finish Line Festival and enjoy live entertainment, beer garden, vendor booths and more!

SO CAL 3X5 CHAMPIONS

2018 SoCal 3x5 champions will receive their medal from the Bling Bestowment booth located in the Finish Line Festival area. After you receive your bling, be sure to pick up your free mango shrimp taco cooked on the spot by Rubio's Coastal Grill.

QUESTIONS?

Call (760) 692-2900, email info@inmotionevents.com, or visit the information booth at the AFC expo.

